



# 2011 Summer Gardening Programs



To register for a program: Call 617-542-7696 or email: info@bostonnatural.org

*Sounds of the Garden Concert Series*

## THE LEO COLON JAZZ PROJECT

Wednesday, July 20 6:30 p.m. – 7:30 p.m.

Nightingale Community Garden, 512 Park Street, Dorchester

Enjoy Latin jazz and swing with an accent on Caribbean rhythms great for dancing and grooving at the first concert in this popular garden music series.

*Seed, Sow & Grow*

## SUMMER COOKING IN THE GARDEN

Wednesday, July 27 5:30 p.m. – 7:00 p.m.

City Natives, 30 Edgewater Drive, Mattapan

Learn to prepare quick, healthy and affordable dishes using your own fresh picked herbs and produce. Phoebe Flemming, Registered Dietitian and community gardener, will demonstrate some fun and exciting ways to use your garden crops, reduce sodium and saturated fat in your diet, cook healthy and save money at the same time! **Registration required.**

## BIGGER HARVESTS, HEALTHIER SOIL

■ Thursday, July 28 6:00 p.m. – 8:00 p.m.

Leyland Extension Community Garden  
20 Leyland Street, Dorchester

■ Saturday, July 30 4:00 p.m. – 6:00 p.m.

Spencer Street Community Garden  
96 Spencer Street, Dorchester

■ Saturday, August 13 6:00 p.m. – 8:00 p.m.

Lydon Way Community Garden  
57 Msgr. Patrick J Lydon Way, Dorchester

Want to grow more food in a small space? Learn how to plan and tend an incredibly productive, small garden, while taking care of your soil. Join us for this series of workshops in community gardens around Dorchester.

*Seed, Sow & Grow*

**Dorchester Community**

## GARDENS BICYCLE TOUR

Saturday, August 6 10:00 a.m.

Meet at Fields Corner T Station, Charles Street entrance

Dorchester is home to nearly 20 community gardens. We'll visit a mix of recently renovated gardens and some old favorites. Bring your own bike and helmet. A guardian must accompany children under 14 years. Co-sponsored by DotBike and the Dorchester Environmental Health Coalition. **Registration required.**

*Sounds of the Garden Concert Series*

## VALDIZA MOURA

Wednesday, August 10 6:30 p.m. – 7:30 p.m.

Nightingale Community Garden, 512 Park Street, Dorchester

Valdiza performs an energetic mix of Brazilian folk and jazz.

## SAVING WATER SAVING SEED

Thursday, August 11 6:00 p.m. – 8:00 p.m.

Nightingale Community Garden, 512 Park Street, Dorchester

The hot month of August is the perfect time to implement water saving techniques in your garden. Learn how to conserve water and how to collect seeds for next year's garden!

## HEY, GOOD COOKING!

Saturday, August 20 11:00 a.m. – 1:00 p.m.

Nightingale Community Garden, 512 Park Street, Dorchester

Don't know what to do with all the fresh vegetables you are growing? In these interactive cooking demonstrations, volunteer chefs and nutritionists from Cooking Matters will provide you with useful tips and lots of delicious - and nutritious - recipes for making the most out of your garden bounty! **Registration required.**

## GROW GREENS ALL FALL!

Saturday, August 27 9:00 a.m. – 11:00 a.m.

Nightingale Community Garden, 512 Park Street, Dorchester

Not ready for the growing season to end? In this hands-on workshop, we'll learn easy, affordable techniques for growing delicious salads into the cold months.

*All Summer Long!*

## GARDEN COACHING

Saturdays this Summer

■ Nightingale Community Garden 9:00 a.m. – 11:00 a.m.

512 Park Street, Dorchester

■ Barry Street Community Garden 10:00 a.m. – 11:00 a.m.

39 Barry Street, Dorchester

Want tips on where to plant, when to weed or how to harvest? Join us Saturday mornings! This summer, every Saturday when there isn't a workshop at Nightingale, Master Urban Gardeners will be on hand to take a look at your plot and answer your questions. Just look for the green aprons!

